8 Days Lemosho Route

THE SIGNATURE WESTERN APPROACH

A beautifully paced western approach that crosses rainforest, heath, moorland and the high-alpine desert before joining the Southern Circuit. Lemosho is our signature recommendation for climbers who want scenery, acclimatization time and a complete Kilimanjaro experience.

Trip facts

DURATION	8 days
HIGHEST POINT	5,895 m (19,341 ft)
ROUTE	Lemosho Route
DIFFICULTY	Challenging
ACCOMMODATION	camping
DISTANCE	67 km
STARTS	Londorossi Gate
ENDS	Mweka Gate
BEST MONTHS	Jan · Feb · Mar · Jun · Jul · Aug · Sep · Oct
INDICATIVE PRICE	US$2,799

Highlights

- Two nights on the Shira Plateau, the single most useful acclimatisation feature on the mountain.
- The Barranco Wall — a hands-on scramble, not a technical climb, and the best morning of the trek.
- Lava Tower at roughly 4,600 m, then down to sleep 700 m lower the same day.
- Sunrise on Uhuru Peak with the Rebmann and Furtwängler glaciers below you.
- A descent through the southern rainforest that most climbers barely remember and always enjoy.

Day by day

DAY 01

Londorossi Gate to Mti Mkubwa Camp

2,100 m → 2,650 m · 6 km · 3–4 hrs · Rainforest · +550 m

A gentle opening trek through lush montane forest. The objective is restraint: settle into a sustainable pace, hydrate consistently and allow the body to begin adapting.

DAY 02

Mti Mkubwa to Shira 1 Camp

2,650 m → 3,610 m · 8 km · 5–6 hrs · Rainforest to heath · +960 m

The forest thins and views open across the Shira Plateau. The substantial altitude gain makes deliberate pacing and hydration important.

DAY 03

Shira 1 to Shira 2 Camp

3,610 m → 3,850 m · 7 km · 3–4 hrs · Moorland · +240 m

A shorter day across the plateau creates valuable recovery time. An optional acclimatization walk may be added in the afternoon.

DAY 04

Shira 2 via Lava Tower to Barranco Camp

3,850 m → 3,900 m · 10 km · 6–8 hrs · Alpine desert · +50 m

Climb high toward Lava Tower at about 4,600 m before descending to Barranco. This classic climb-high, sleep-low day is one of the itinerary’s most important acclimatization stages.

DAY 05

Barranco to Karanga Camp

3,900 m → 3,995 m · 5 km · 4–5 hrs · Alpine desert · +95 m

Begin with the Barranco Wall, a steep but non-technical scramble where guides manage spacing and hand placement. Continue through undulating terrain to Karanga.

DAY 06

Karanga to Barafu Camp

3,995 m → 4,673 m · 4 km · 3–4 hrs · High alpine desert · +678 m

A measured ascent to high camp. After an early dinner, the team completes summit preparation, layering checks, hydration and a detailed summit briefing.

DAY 07

Barafu to Uhuru Peak to Mweka Camp

4,673 m → 3,100 m · 17 km · 12–16 hrs · Arctic summit to rainforest · +1,222 m · −2,795 m

Depart around midnight for Stella Point and Uhuru Peak, the highest point in Africa. Descend to Barafu for a short recovery, then continue to Mweka Camp. This is the expedition’s longest and most demanding day.

DAY 08

Mweka Camp to Mweka Gate

3,100 m → 1,640 m · 10 km · 3–4 hrs · Rainforest

A final descent through the forest to Mweka Gate for park formalities and summit certificates, followed by transfer to your Moshi hotel.

What is and is not included

Included

- Airport pick-up and drop-off - Kilimanjaro International Airport (JRO) to/from your hotel
- Pre & post-climb accommodation - 2 nights in Moshi (1 night before and 1 night after the climb) on Bed & Breakfast basis
- Private transfers to/from the mountain gate - Hotel to Kilimanjaro trailhead and exit gate to hotel
- Kilimanjaro National Park entrance fees
- Camping fees
- Kilimanjaro National Park rescue fees
- All applicable government taxes & VAT
- Professional, licensed English-speaking Kilimanjaro mountain guide
- Assistant mountain guides - according to group size
- Professional mountain chef/cook
- Porters - to carry group equipment, food and clients permitted duffel luggage
- All mountain crew wages and salaries
- Three freshly prepared meals per day on the mountain - breakfast, lunch and dinner
- Nutritious snacks during the trek
- Clean, purified drinking water throughout the climb
- Hot water for washing each morning and evening where practical
- Quality four-season mountain tents
- Comfortable sleeping mattresses
- Dining/mess tent with tables and chairs
- Cooking tent and complete camp equipment
- Private portable flush/chemical toilet with dedicated toilet tent and porter - throughout the trek
- Emergency supplemental oxygen
- Pulse oximeter for monitoring blood oxygen saturation and pulse during the climb
- First-aid kit and mountain emergency

Not included

- International and domestic flights
- Tanzania entry visa
- Travel and medical insurance - clients should have appropriate coverage for high-altitude trekking up to at least 6,000 metres
- Helicopter/air evacuation or specialist medical evacuation unless specifically included by the client insurance policy
- Personal trekking equipment and clothing, including hiking boots, sleeping bag, down jacket, trekking poles, daypack and other personal gear
- Equipment rental, unless specifically included in the quotation
- Tips/gratuities for mountain guides, assistant guides, cook and porters
- Lunch and dinner at the hotel before or after the climb unless specified
- Soft drinks, alcoholic beverages and bottled drinks outside those specifically included
- Personal snacks and energy bars brought by the client
- Laundry services
- Telephone calls, SIM cards, internet/data charges and other communication expenses
- Additional hotel nights or transfers caused by flight changes, early arrival or late departure
- Single-room or single-tent supplement, where applicable
- Extra porter required for luggage exceeding the permitted mountain weight
- Personal expenses such as souvenirs and shopping
- Any activities, accommodation, meals, transfers or services not specifically stated in the itinerary
- Costs arising from itinerary changes requested by the client or circumstances

Before you travel

Bring boots you have already walked at least fifty kilometres in, layers rather than one thick garment, and travel insurance whose altitude clause covers 5,895 m. The full packing list is at trekupkilimanjaro.com/kilimanjaro-guide/packing-list/.

Talk to us

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trekupkilimanjaro.com

Prepared 20 November 2026. Prices and dates are indicative and subject to confirmation.